

Rotations / Clinical Services Descriptions

a. Inpatient psychiatry:

- b. Required 9-month rotation occurring in the PGY I and PGY –2 years, six month of which occur during the PGY-1 year and three months occurring during the PGY-2 year. Also, an additional one to four months elective rotation is available in the PGY-4 year.
- c. Faculty consist of 3 full-time psychiatrists, one part-time psychiatrist, and 4 full-time social workers. All Psychiatry faculty are board certified in Psychiatry. Two part-time psychologists are available upon request for psychological testing.
- d. Residents spend 5-6 hours weekly in lectures and seminars; faculty are readily available for consultations; case loads are carefully monitored and controlled for a variety of experiences. Residents also teach medical students from the University of Medicine and Dentistry of New Jersey and St. George's Medical School. This teaching is carefully structured and monitored so as not to interfere with resident learning and duties.
- e. The unit's population is predominantly lower middle class and approximately 50% female and 50% male; 40% black, 30% white, 30% Hispanics; all ages from 18 and older, approximately 40% depressed, 40% psychotic, 20% of patients have a comorbid substance abuse/dependence disorder(s). Residents spend the majority of their time doing and learning diagnosis and treatment of the acutely sick psychiatric patient, crisis intervention, psychopharmacology, supportive and group psychotherapy, and aftercare planning. Residents become competent conducting a complete psychiatric interview, and in the formulation of a comprehensive treatment plan utilizing team approach and health care system within the inpatient setting. Residents are assigned to patients from admission and follow them to discharge. Additionally, a specialized Mentally Ill-Developmental Disabilities inpatient rotation is included in this rotation consisting of a patient population of mentally ill adults with comorbid developmental disabilities such as Autistic Disorder, Pervasive Developmental Disorder and Mental Retardation. Many of these patients also have comorbid genetic and congenital disorders.
- f. Caseload consists of 6 patients minimum and 8 patients maximum.
- g. All residents have two hours required individual supervision weekly with an attending psychiatrist. Additionally, residents receive 3 hours weekly of supervised group psychotherapy. Additional supervision is available as necessary. Residents are evaluated on the six core competencies as formulated in the rotation's goals and objectives.
- h. Very eclectic full-time faculty provide supervision in psychopharmacology, brief supportive therapies, family meetings and on-site court proceedings.

a. Internal Medicine

- b. Required 3-month rotation occurring in the PGY –1 year.
- c. Faculty consist of 7 full-time physicians and 11 part-time physicians; all faculty are board certified in Internal Medicine and another subspecialty.
- d. Residents spend an average of 5-8 hours weekly in seminars and case conferences; faculty are always available for consultations; case loads are carefully monitored and controlled for both breadth and variety of experience.
- e. The patient population is about 54% female and 46% male. 27% black, 25% white, 46% Hispanic; ages from 18 and older. Residents spend the majority of their time in the diagnosis and inpatient management of acute and chronic medical illnesses and work in conjunction with various health disciplines (i.e. Surgery, Radiology, Physical Therapy).
- f. Case load consists of 7-10 patients.
- g. All residents have required individual supervision three times weekly with the assigned teaching-attending. Mentorship is also available as necessary. Residents are evaluated on the six core competencies as formulated in the rotation's goals and objectives.
- h. Breadth of subspecialties; Gastroenterology, Infectious Disease, Hematology/Oncology, Critical Care Medicine, Pulmonary Medicine, Rheumatology, Cardiology, Nephrology, Geriatric Medicine with very eclectic faculty.

a. Emergency Medicine;

- b. Required 1 Month Rotation occurring in the PGY I.
- c. Faculty consist of 4 Full time, DO physicians, 1 Part Time DO Physician, 9 Full time and 4 part time MD physicians..
- d. Residents spend an average of three 12-hour shifts per week working in the medical emergency department. Residents receive supervised training in triage, evaluation, stabilization, and acute management of urgent medical conditions. Residents utilize focused history and physical taking, ECG analysis, chemical blood analysis and radiologic modalities in this setting.
- e. The patient population is about 54% female and 46% male. 27% black, 25% white, 46% Hispanic; ages from 18 and older.
- f. Caseload ranges from 10-12 patients during a 12-hour shift.
- g. Residents are being supervised after each patient is seen. Additional supervision is available as necessary. Residents are evaluated on the six core competencies as formulated in the rotation's goals and objectives.
- h. Wide variety of emergent pathologies including CVA, CHF, acute myocardial infarction, angina, diabetic ketoacidosis, fracture, drug overdose and intoxication, motor vehicle trauma, delirium, acute renal and respiratory failure, with eclectic faculty.

a. Neurology

- b. Required 2-month rotation occurring in the PGY I, which takes place at John F. Kennedy Hospital.
- c. Faculty consist of 15 full-time board certified Neurologists..
- d. Residents spend 5-8 hours weekly in seminars and case conferences; faculty are always available for consultations. One hour weekly is spent with the department of Radiology in teaching of neuroradiology
- e. The patient population upper to middle class approximately 52% female and 48% male; 10% black, 60% white, 10% Hispanic, 20% Asian. Patients range from 18 and older who suffer a variety of neurologic disorders including CVA, cerebrovascular disease, dementia, Parkinson's Disease, peripheral neuropathies and CNS tumors, seizure, vertigo, ALS, Guillan-Barre' Syndrome, Multiple Sclerosis and spinal pathologies.
- f. Caseload ranges from 6-9 patients daily.

g. All residents have required individual supervision daily. Additional supervision is available as necessary. Residents are evaluated on the six core competencies as formulated in the rotation's goals and objectives.

h. Very eclectic full-time faculty provide supervision on different neurological disorders based on testing, diagnosis and treatment modalities.

a. Child and adolescent psychiatry

b. Required 2-month rotation occurring in the PGY 2 and an additional 6 months elective rotation is available in the PGY-4 year.

c. Faculty consist of 2 full-time, 2 full-time and one part-time psychologist and 5 social workers. Residents spend 6-8 hours weekly in seminars and case conferences; faculty are always available for consultations.

d. The child and adolescent population is predominantly lower middle class and about 60% female and 40% male; 40% black, 30% white, 30% Hispanic; ages from 3 to 18; approximately 40% depressed or anxious, 50% behavioral and/or conduct problems (including ADHD), 10% psychotic. Residents spend the majority of their time on the Child and Adolescent Inpatient Unit doing and learning management of children and adolescents suffering from psychiatric illness. They also have major experiences in crisis intervention, group therapy and psychopharmacology for children and adolescents. Court is held on the inpatient unit every other week, where residents testify on various aspects related to patient diagnosis, treatment and aftercare planning.

e. Caseload consists of 4-6 inpatients and 1-2 groups.

f. All residents have two hours of required individual supervision weekly. Additional supervision is available as necessary by board certified attendings. Residents are evaluated on the six core competencies as formulated in the rotation's goals and objectives.

g. Residents gain knowledge in child and adolescent psychopathology and treatment interacting as a physicians with various related agencies such as, the Division of Youth and Family Services court.

h. Very eclectic full-time faculty.

a. Geriatric Psychiatry

b. Required 1-month inpatient rotation occurring in the PGY 2. Also an additional elective rotation of 2-4 months is available in the PGY-4 year.

c. Faculty consist of 2 full-time inpatient psychiatrists.

d. Residents spend 6-8 hours weekly in seminars and case conferences; a faculty member is always available for consultations; case loads are carefully monitored and controlled for both breadth and variety of experience.

e. The population is predominantly lower middle class and about 55% female and 45% male; 35% black, 40% white, 25% Hispanic; 55 and older, approximately 40% depressed, 20% psychotic, 40% organic. The majority of residents' time is spent doing and learning assessment and management of the geriatric patient. Geriatric Psychiatry experience is mainly provided in our inpatient Psychiatry Unit, but may also include nursing home psychiatric patients.

f. Caseload consists of 4-8 inpatients.

g. In addition to daily supervision for new patients, all residents required individual supervision for two hours weekly.

Additional supervision is available as necessary. Residents are evaluated on the six core competencies as formulated in the rotation's goals and objectives.

h. Very eclectic full-time faculty.

a. Addiction Psychiatry

b. Required 2-month rotation occurring in the PGY 2. Also an additional 2-6 month elective rotation is available in the PGY-4 year.

c. Faculty consist of one full-time psychiatrist.

d. Residents spend 5-8 hours weekly in seminars and case conferences; faculty is always available for consultations; case loads are carefully monitored and controlled for both breadth and variety of experience.

e. The clinic population is predominantly lower middle class and about 60% male and 40% female; 40% black, 30% white, 30% Hispanic. Ages 18 and older, all substances of abuse (marijuana, opioids, alcohol, prescription medications).

Psychopharmacology, court-ordered treatment, group and individual psychotherapy with an emphasis on motivational interviewing. Residents also learn to identify and treat of commonly comorbid axis I diagnoses.

f. Caseload consists of 3-8 patients, 1-2 groups and one same-day detoxification clinic.

g. All residents have two hours of individual supervision weekly. Additional supervision is available as necessary basis.

Residents are evaluated on the six core competencies as formulated in the rotation's goals and objectives. Residents spend the majority of their time doing and learning the assessment and management of substance abuse disorders, but also have major experiences in group and outpatient psychopharmacology.

h. Very eclectic full-time faculty.

a. Emergency psychiatry

b. Required 2-month rotation occurring in the PGY 2 year. Also an additional 1-4 month elective rotation is available in the PGY-4 year.

c. Faculty consist of one full-time and part-time psychiatrists. A psychiatrist is available 24 hours on-site.

d. Residents spend 5-8 hours weekly in seminars and case conferences; faculty are always available for consultations.

Particular emphasis is placed on the formulation of a comprehensive disposition.

e. The Emergency Room population is predominantly lower middle class and about 60% female and 40% male; 30% black, 40% white, 30% Hispanic; ages from 5 to geriatric; approximately 40% depressed and/or anxious, 30% psychotic, 10%

organic and 20% substance abusers. Residents spend the majority of their time doing and learning assessment and management of the acute patient in crisis situation. Particular emphasis is placed on assessment and management of the suicidal and violent patient of disposition

f. Number of patient encounters varies from 8-15 patients per day.

g. All residents have two hours of required individual supervision weekly. Additional supervision is available as necessary. Residents are evaluated on the six core competencies as formulated in the rotation's goals and objectives.

h. Elective full-time and part-time faculty.

a. Consultation/Liaison Psychiatry

b. Required 2-month rotation occurring in the PGY 2. Also an additional elective rotation up to six months is available in the PGY-4 year.

c. Faculty consist of one full-time board certified psychiatrist.

d. Residents spend 5-8 hours weekly in seminars and case conferences. Faculty members are always available for consultations. Residents are carefully monitored for both breadth and variety of experience.

e. The patient population is predominantly lower middle class and about 60% female and 40% male; 40% black, 30% white, 30% Hispanic; Ages 18 and older with the majority age 20-45; approximately 50% depressed and/or anxious, 20% psychotic. Residents spend most of their time in the evaluation and psychiatric management of the medical/surgical patient presenting with psychiatric symptoms, crisis intervention, pharmacotherapy and brief therapy. Special attention is given to the interplay of medical and psychiatric conditions and drug-drug interactions between medical and psychotropic medications.

f. Caseload consists of four new patients and five follow-up patients daily.

g. In addition to daily supervision during daily rounds, all residents require individual supervision twice weekly. Additional supervision is available as necessary. Residents are evaluated on the six core competencies as formulated in the rotation's goals and objectives.

h. Full time eclectic faculty.

a. Outpatient Psychiatry

b. Required 12-month rotation occurring in the third year and half a day a week in the PGY 4. This rotation also includes the required experience in Community and Forensic Psychiatry. An Elective rotation up to six months is available in the PGY-4 year for outpatient Community Psychiatry.

c. Faculty consist of 3 full-time psychiatrists.

d. Residents spend 5-8 hours weekly in seminars and case conferences; faculty are always available for consultations; case loads are carefully monitored and controlled for both breadth and variety of experience.

e. The patient population is predominantly lower middle class and approximately 60% female and 40% male; 40% black, 30% white, 30% Hispanic; all ages 18 and older, with; approximately 60% depressed and/or anxious, 20% psychotic, 10% organic, 10% substance abuse. Residents learn psychodynamic psychotherapy both short and long term, but also have major experiences in group therapy, crisis intervention, cognitive and behavioral therapies, dialectical behavior therapy and outpatient psychopharmacology. In addition, the Community Psychiatry experience exposes residents to persistently and chronically-ill patients in our outpatient clinic which is both hospital and community based. The program provides residents the opportunity to consult with, learn about and use community resources and services in planning patient care as with the case managers, crisis teams, and other mental health professionals. For Forensic experience, residents perform psychiatric evaluations for court-referred patients. Residents are also actively involved in court-mandated treatment (i.e. Jail Diversion Program).

f. Caseload consists of 2 to a maximum of 4 patients in individual psychotherapy, 1-2 groups, one walk-in clinic and 10-15 outpatients.

g. All residents have 2 hours weekly of required individual supervision. Residents are evaluated on the six core competencies as formulated in the rotation's goals and objectives.

h. Full-time eclectic faculty

a. Administrative Psychiatry

b. An elective rotation, 1 -4 months is available in the PGY-4 year.

c. Faculty consist of one full-time psychiatrist, Departmental Chairman, Senior Vice-President of Trinitas Behavioral Health, Assistant VP of Behavioral health and related administrative staff.

d. Residents attend various administrative meetings daily and participate in projects involving the delivery of patient care. Faculty are always available to oversee the experience.

e. Residents participate in administrative meetings and learning principles of management and administration, human resources issues, principles of budget and finance and the administrative aspects of legal and ethical issues.

f. Not applicable

g. All residents have required individual supervision weekly to ensure progress and development. Additional supervision is available as necessary. Residents are evaluated on the six core competencies as formulated in the rotation's goals and objectives.

h. Residents spend time working with activities related to health care education for community and staff. Residents are assigned as members of various hospital committees.

a. Electroconvulsive Therapy

- b. An one month elective rotation is available in the PGY IV year. This rotation takes place in Carrier Clinic, Belle Meade, New Jersey.
- c. Faculty consist of one full time board certified psychiatrist.
- d. Residents observe and then perform ECT 3 times a week under the supervision of a psychiatrist and attend seminars and lectures on ECT.
- e. Patient population predominantly upper middle class and approximately 60% female, 40% male , 60% white 30% black, 10% Hispanic and Asian. Residents learn the components of pre-ECT Evaluation, indications for treatment with ECT, risk and adverse effects of ECT, mechanics of administering ECT and post ECT follow up.
- f. Caseload is variable at approximately 12 patients weekly.
- g. All residents receive 2 hours required individual supervision.
- h. Full time eclectic faculty. Residents are evaluated on the six core competencies as formulated in goals and objectives.

a Research Rotation

- b. An elective rotation, three to four months in duration is available in PGY IV.
- c. Faculty consist of one full time board certified psychiatrist, one psychologist and one social worker.
- d. Residents locate the best available information resources to address one's question in developing a research project. They conduct literature search for diagnosis, therapy and prognosis.
- e. Not Applicable
- f. Caseload depends on the type of research performed.
- g. All residents receive two hours required individual supervision.
- h. Very eclectic faculty