

What is a Community Health Assessment?

A community health assessment is a process that uses quantitative and qualitative methods to systematically collect and analyze data to understand health within a specific community.

Quantitative Data:
Secondary Data Profile
Telephone Survey



Qualitative Data:
Key Informant Study



Resource: Association for Community Health Improvement (ACHI) Tool Kit

Union County Prioritization of Health Needs

- 20 Union County leaders met to review CHNA results:
 - ❑ Trinitas Regional Medical Center
 - ❑ Overlook Medical Center
 - ❑ RWJU Hospital-Rahway
- 5 Health Priorities selected for Union County
 - ❑ Obesity with focus on prevention of Chronic Diseases/ Metabolic Syndrome Illnesses including Diabetes & Cardiovascular Disease
 - ❑ Mental Health & Substance Abuse
 - ❑ Cancer
 - ❑ Access to Care for Uninsured & Underinsured
 - ❑ Hispanic/Latino Health Disparities

Trinitas Prioritization & Implementation Planning

- Trinitas sought input from Community Key Informants & Senior Hospital Leadership
- Trinitas selected the following Prioritized Needs:
 - ❑ **Obesity - *Focus on Prevention of Chronic Diseases/ Metabolic Syndrome Illnesses***
 - ❑ **Mental Health & Substance Abuse***
 - ❑ **Cancer**
- Trinitas Board of Directors has adopted Hospital Implementation Plan to address prioritized needs

**Priority Aligned with Hospital DSRIP Plan
(Delivery System Reform Incentive Payment Plan)*

Obesity with Focus on Prevention of Chronic Diseases/ Metabolic Syndrome Illnesses Including Diabetes & Cardiovascular Disease

Goal Statement: Reduce risk factors for chronic disease and improve management of disease conditions through promotion and education of healthy lifestyles.

Objectives:

- Identify risk factors for chronic disease through early detection and screenings
- Increase resident's awareness of risk factors for chronic disease
- Increase the number of residents who report engaging in regular physical activity
- Increase the number of residents who report eating a healthy diet
- Reduce ER visits/rehospitalizations for patients with chronic disease

Mental Health & Substance Abuse

Goal Statement: Increase access to quality mental and behavioral health services with a focus on comprehensive, coordinated care.

Objectives:

- Improve coordination of physical and behavioral health care delivery
- Increase awareness and identification of mental health/substance abuse disorders
- Reduce ED utilization for mental health/substance abuse-related issues
- Reduce the impact of substance use and dependence

Cancer

Goal Statement: Decrease the death rate for Cancer and improve quality of life for those living with cancer.

Objectives:

- Decrease risk factors for cancer
- Increase early detection of cancer diagnosis
- Improve outcomes for patients with cancer diagnosis